

WELCOME TO WIGWAM GOA

A healing oasis in North Goa, India



WIGWAM IS AVAILABLE TO HIRE FOR PRIVATE YOGA AND WELLBEING RETREATS, TEACHER TRAINING COURSES AND WORKSHOPS. Read on to find out about our offering and how to organise your dream stay with us.

Away from the hustle and bustle of thriving Northern Goa, under a canopy of coconut trees, lies Wigwam: a serene and beautiful indoor-outdoor space to unwind, let go, and connect back to Mother Nature and oneself.

Our luxury apartments and tipis, tropical gardens, outdoor yoga shala, health food café, healing, and relaxing chill-out areas provide the perfect setting for a transformational time away. With a social community atmosphere and friendly staff on hand to make your stay as enjoyable and comfortable as possible, we hope you will feel at home away from home at Wigwam.

Wigwam hosts facilitators from around the world specialising in the healing arts. These talented individuals have shared massage, breath work, Cacao ceremonies, Sweat Lodge ceremonies, art and music events and raw food workshops, to name a few. We are excited to offer inspiring knowledge and practices to our global visitors within this magical setting.

At Wigwam we pride ourselves on taking a hands-on approach and giving a personal service to all our guests. Just ask, and we will do all we can to make your stay nourishing and enriching.

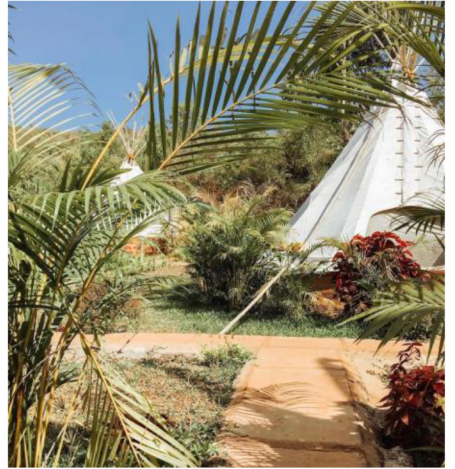
OUR STORY

After over a decade getting to know India, and visualising their future in Goa, Tanya Hildreth and Nic Thomson put their dreams into action in 2018, creating Wigwam, a healing sanctuary intended for community sharing, inner exploration and collective collaboration. Their vision is to bring likeminded people together to celebrate, create, relax, and explore their inner and outer worlds. Both internationally travelled, and with experience in event management, party planning, the healing arts, cooking, mixology, and community building, they bring a can-do attitude to every aspect of the Wigwam mission.

LOCATION

Wigwam is located in Mandrem, North Goa, a small coastal state famous for its beaches, great weather, and vibrant international community, stemming from its Portuguese settler roots. Goa attracts visitors from around the world and a large community of those working in, and exploring, spiritual and personal development. Wigwam is ideally situated away from the busy roads and famous Goan night life, preserving the tranquillity of its natural surroundings. Goa's finest beaches are just a ten minute taxi / scooter ride away or a little longer for those wishing to peddle.

ACCOMMODATION



We can accommodate **13 people** in private rooms for retreats (more if people are sharing). We have 3 types of accommodation: **Apartments, Tipis** and **Jungle Lodges**.

OUR APARTMENTS provide the luxury of modern-day living within a natural paradise. Built in brick with clean white walls, with windows and ceiling fans in every room, they stay cool throughout the season.

We have **1 x One Bedroom Apartment** (sleeps 1), and **2 x Two Bedroom Apartments** (each sleeps 2).

All apartments have King Size beds and hanging space for clothes in the bedrooms, plus a lounge, kitchenette, and hot water shower room / toilet. They are tastefully decorated in minimalist, eco-chic style, with selective art works, fairy lights, dream catchers and comfortable, locally-sourced furnishings to lay back and relax. Our Two Bedroom apartments also have outdoor chill-out spaces with hanging swings, bolsters and floor mattresses for enjoying those famous Goan balmy evenings in private.

OUR TIPIS have King Size beds and sleep 1 people. **We have 6x Tipis**. Surrounded by lush jungle gardens growing native plants and trees, this is a chance to really get back to nature, in comfort and style. Fancy showering under the stars? Each Tipi has an open air en-suite bathroom with shower, sink, toilet and mirror, and palm trees above. Honouring the environment these showers are not heated, though usually warm due to Goa's consistently hot climate. We also have a heated outdoor private shower for guests to use day and night.

OUR JUNGLE LODGES are more spacious than the Tipis, great for friendly giants. Built from locally sourced materials they are fully sealed from the elements. **We have 2x Jungle Lodges**, each with a King Size bed and en-suite outdoor bathroom.

All accommodation options are fitted with mosquito nets, lights, power supply, and fans.

A safety deposit box is available for use by all guests for storing valuables.

An outdoor kitchen with fridge and gas cooker is available for our Tipi and Jungle Lodge guests.

YOGA AND HEALING



OUR YOGA SHALA is raised over the ground and built with natural, local materials. Nestled in a grove of coconut palms and bamboo, it stays cool and shaded, whatever the time of day. Yoga mats, blocks and straps are provided for up to 14 students.

OUR HEALING TIPI is the perfect place to go deep within. We offer a range of therapies including deep tissue massage, Reiki, Thai massage, breath work, and sound healing. Our therapists are highly qualified and have lots of experience working with teacher training groups and on retreats. The Healing Tipi may also be used for private meditation when available.

OUR CHILL-OUT AREA is in a shaded grove below the Tipi Field. With comfortable day beds, soft cushions, and the calming sound of birdsong all around, this is the ideal spot to read a book, have an outdoor nap, chat with friends, or star gaze at night.

OUR CEREMONIAL SPACE has been a centre point for community gatherings focused on consciousness raising in North Goa. Set within the grassy Tipi Field around a fire pit, we have hosted group ceremonies including sweat lodges and saunas, and are always open to new ideas for conscious community gatherings.

OUR FOOD AND COOKING WORKSHOPS have been a huge hit with our guests. We are happy to organise raw food or North Indian cuisine cooking workshop for your retreat participants.

EATING AND DRINKING



OUR CAFÉ offers seating for up to 40 people under the coconut palms. We have designed the seating areas to be shaded, comfortable and sociable, crafted from bamboo and adorned with locally tailored plush cushions.

OUR MENU has been curated with care with the consultation of nutrition and wellbeing experts. We offer Vegan, Raw and Vegetarian options as well as European, Goan and North Indian cuisine. Our delicious Buddha Bowls, health-boosting Smoothies and Kombucha are favourites amongst our yogi guests.

PARTY TIME! Once a week we host a themed get-together for guests and friends, where we explore new recipes and share a spread of tantalising foodie delights as a family.

The Wigwam café is open from 8 - 4 during regular trading hours. For groups on retreats and training courses, longer opening hours can be arranged.

Filtered water and herbal teas are available free of charge for all group training / retreat guests.

INFORMATION FOR RETREATS AND TRAINING COURSES

MAINTENANCE - Wigwam's grounds, shared spaces and bathrooms are cleaned daily and kept to a high standard always. Guest tipis and apartments will be cleaned every day, and fresh bedding and towels provided every three days.

LOGISTICS - We are happy to help with travel logistics such as airport transfers, local tourist information, e-bicycle / bicycle / scooter rental, horse riding, and restaurant, beach and shopping recommendations.

PETS - We are very animal friendly at Wigwam though we cannot accommodate for pets during trainings.

CLEANLINESS AND DAMAGES - During retreats and teacher trainings we ask guests to take care of the amenities and maintain a respectful attitude to the environment and fellow guests, keeping shared spaces clean and tidy at all times. Any significant damages incurred by yourself or guests during the rental period will be charged at the end of your stay.

SAFETY - On arrival retreat / course leaders will be shown the location of fire extinguishers, fire blankets and the first aid box. If you have any concerns about safety please get in touch to discuss.

COSTS - Every retreat and training course is different. We are here to help put together a bespoke package that works for you. Please get in touch so we can give you a quote based on your needs. Below is a breakdown of our basic group booking options.

BOOKING OPTIONS

1. EXCLUSIVE HIRE OF WIGWAM

- You will have exclusive use of the whole Wigwam space including our Apartments, Tipi Field (Tipis and Jungle Lodges), ceremonial space, the Healing Tipi, outdoor kitchen, chill-out area, Yoga Shala and café
- Our gates will be shut to the public and you will enjoy complete privacy
- This option sleeps 13 people in their own beds (6x Tipis, 2x Jungle Lodges, 1x One Bedroom Apartment, 2x Two Bedroom Apartments)
- If couples wish to share we can accommodate more people at no extra cost. Please note our Yoga Shala accommodates 14 students comfortably

COST PER NIGHT: 40,000 INR / £477 / 521 EUR / \$581*

2. NON-EXCLUSIVE HIRE OF WIGWAM

- You will have exclusive use of the Tipi Field including 6x Tipis, 2x Jungle Lodges, ceremonial space and outdoor kitchen
- This option accommodates 8 guests sleeping in private rooms. If couples wish to share we can accommodate more people at no extra cost. Please note our Yoga Shala accommodates 14 students comfortably
- Non-exclusive areas will be open to outside guests including the chill-out area, outdoor shower, Healing Tipi (when booked for appointments), and Yoga Shala
- You will have first priority of use of the Yoga Shala and Healing Tipi, times for which will be pre-agreed when booking your retreat or training program
- The Wigwam Café will be used by outside guests when booking this package. We will reserve seating for your retreat guests at pre-arranged times to suit your schedule

COST PER NIGHT PER NIGHT: 26,000 INR / £ 311 / 339 EUR / \$378*

* Currency conversion rates are taken from XE.COM as of JULY 2019. Exchange rates change all the time. Costs are charged in local Indian currency (Indian Rupees / INR) at time of booking.

Please get in touch for longer stay rates.

FOOD COSTS ARE ADDITIONAL. Our chefs can work with you to create the perfect menu for your retreat or training course. Alternatively, if you are booking the space exclusively for your retreat and wish to bring your own chefs, you will have full use of the main kitchen and equipment. Our staff will be on hand to assist in any way you need.

REFUNDS AND CANCELLATION POLICY

- A non-refundable deposit of 25% of the total booking cost is required at least 8 weeks in advance of your retreat / course start date to secure your booking
- 50% of the balance must be paid 4 weeks before the start date. The remaining 25% needs to be paid 2 weeks before the start date
- We accept payments by Paypal or BACS
- If you cancel your booking with 4 weeks or more notice you will be charged at 50% of the total cost of the booking. Cancellations made less than 4 weeks prior to start date will be charged in full

We hope you found this information helpful. We look forward to discussing your retreat or training course needs and creating a package that works for you. Get in touch by any of the means below.

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Whatsapp (Tanya): +44 7814 850226

Facebook: <https://www.facebook.com/wigwamgoa/>

Instagram: <https://www.instagram.com/wigwamgoa/>

Thank you!

Tanya, Nic, and The Wigwam Team